

CLUB HISTORY

The Boys & Girls Club of Assabet Valley (BGCAV) was established in 1969 and opened its current building in 1980. It weathered financial difficulties in the mid-1990s, closing in 1995 and re-opening in 1998. BGCAV has over 450 members, and works with 500 to 700 children a year in a variety of programs. Having experienced success and growth in the fourteen years since our re-opening, we are continually striving to reach more children and engage them in ways that will help them learn and grow throughout their journey from childhood and adolescence into adulthood.

The Boys & Girls Club of Assabet Valley encompasses the small towns of Maynard, Stow, Concord, Sudbury and Bolton and has actively sought to enrich the lives of youth whom other agencies have had difficulty reaching. The Boys & Girls Club of Assabet Valley is dedicated to ensuring that our community's youngsters have greater access to quality programs and services that will enhance their lives and shape their futures.

BOARD OF DIRECTORS

Jim Fairweather, President
 Michelle Lavers, Vice President
 John Bilello, Secretary
 Fred Astrauskas, Treasurer
 Bob Nadeau
 Garnet Glover
 Robin Mello
 Thomas Lent
 Laura Booth



CLUB SUMMER HOURS
 Monday - Friday
 8:00am—5:00pm

RENT THE CLUB!!

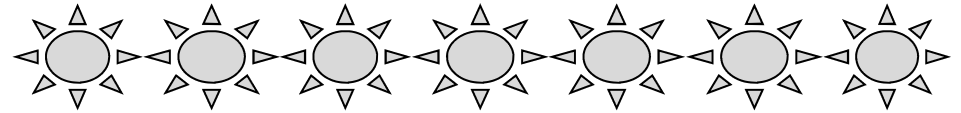
The Boys & Girls Club is available for rent. It is perfect for birthday parties & special events. Please contact Wendy Allegrone-Leslie at 978-461-2871 or allegrone@bgcav.org for more information or to schedule your reservation.



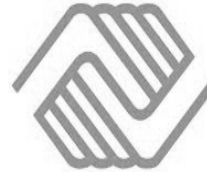
EMAIL ANNOUNCEMENT LIST

The Boys & Girls Club has an automated email announcement list where you can get all the up-to-date information as it is added to our web site. E-mail allegrone@bgcav.org to Join!

MAYNARD RECREATION & THE BOYS & GIRLS CLUB OF ASSABET VALLEY "GREAT FUTURES START HERE"



SUMMER 2012



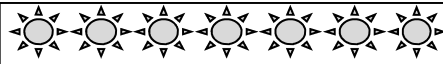
BOYS & GIRLS CLUBS



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212 GREAT ROAD MAYNARD, MA 01754 PH: 978-461-2871
 WWW.BGCAV.ORG



Greetings!

I am delighted to present the Boys & Girls Club in coordination with Maynard Rec's 2012 Summer Programs with exciting new activities for your family to enjoy!

I have the good fortune of working with a wonderful group of parents, students and community partners that make all of the great programs we offer possible!

My experienced team and I are proud to again offer our Full Day & Half Day Playground programs, with great new additions to our program lineup, including a Playground Program for 4 & 5 yr olds and new Tennis Programs for all ages. These are all mixed in with the popular standards for all your summer fun!

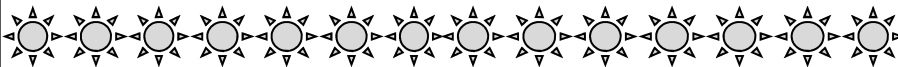
You can find out more about the great programs we provide by visiting us at www.bgcav.org or call **978-461-2871**.

I look forward to your feedback and suggestions. Please come and visit or call me any time!

Warmest regards,

Wendy

Wendy Allegrone-Leslie
Executive Director
allegrone@bgcav.org



REGISTRATION INFORMATION

- Registration Forms available at the Club or on our website @ www.bgcav.org.
- Register On-Line @ www.bgcav.org or at The Boys & Girls Club.
- Drop off or mail completed forms with payment to the Boys & Girls Club of Assabet Valley, 212 Great Road, Maynard MA 01754.

CLUB STAFF:

Pat Bishop, Youth Services Director
Ryan Pratt, Program Director
Jen Kuo, Program Coordinator
Jennifer Tate - Tennis Director
Denise Teague - Pre-School Playground Director
Laura Booth - Art Director
Counselors:
Nikki Tyler
Colby Tyler
Steven Davis
Madison Brainard
Nathan Costello
Jamie Poh
Joey Westerman
Cecilla Burke
Lorig Purutyan

SCHOLARSHIPS ARE AVAILABLE

For scholarship requests, please send a letter of request, registration form and any income document to:

Attn: Wendy Allegrone-Leslie
Boys & Girls Club of Assabet Valley
212 Great Road Maynard, MA
01754

Maynard Rec & Boys & Girls Club Programs are self-supporting. Fees charged for programs cover the cost of materials, pay instructor salaries and help defray from costs.



FITNESS BOOT CAMP GRADES 7-12 ALUMNI FIELD TRACK, MAYNARD

Session 1: Mondays & Thursdays
June 25 - July 12

Session 2 - Mondays & Wednesdays
July 16 - August 2

Grades: 7-12

Cost: \$50/per session

Time: 6:00-7:00

Instructor: Erica Puglielli, fitness & athletic trainer.



Come prepare for pre-season the right way, and be ready for sessions in August! Or if you are just looking to become more fit, this is the group for you! No experience necessary, all you need is a water bottle and a jump rope! We will focus on speed, agility, strength, and proper mechanics.
**Requires - sport physical form from pediatrician within last year.

HIGH SCHOOL TOURNAMENT LEVEL TENNIS MAYNARD TENNIS COURTS



Monday through Thursday
Session #1: July 16th - 19th
Session #2: August 6th - 9th
Time 1:00- 3:00

Ages: 12+

Cost: \$75/per session



(Additional sessions will be offered if enough players are interested.
E-mail allegrone@bgcav.org for more information.)

This class is intended for high school players, USTA tournament players, or teenagers who want to take their game to the next level. This class will focus on conditioning, footwork, different spins, grip changes, live points, match play, singles and doubles strategies, and improving the consistency, placement, and power of each player's strokes.

BABYSITTING TRAINING CLASS BOYS & GIRLS CLUB OF ASSABET VALLEY

Friday, June 15th

9:00am-4:00pm

Location: The Boys & Girls Club

Ages 12+

\$45 (Includes Lunch)

If you are 12-18 years old and would like to learn babysitting skills, then

attend our 4-H Babysitters course. Receive a 4-H Babysitting manual and first aid supplies. Hands on activities that will:

- prepare you to become a capable, caring, and responsible
- teach you babysitting safety, responsibilities, and fun activities.

NEW

PICK-UP FIELD HOCKEY

COOLIDGE PARK, MAYNARD

Wednesdays: July 11th—15th
5:30pm-6:30pm
Grades: 4th - 8th
\$45/per player

This league is all about fun! Get ready for field hockey season. Players will be split into teams by age and or ability. New teams each week!

NEW

GIRLS LACROSSE

GREEN MEADOW SCHOOL SOCCER FIELD

Monday-Thursday: August 6th - 9th
Green Meadow Soccer Field, Maynard
Grades 3&4, 9am - 11:30 am - \$95
Grades: 5-8, 9am - 1pm - \$150

Clinic Director: Julie Pasquantonio Head Varsity Lacrosse Coach King Philip High School. Graduate and Member of the UMASS Division 1 women's Lacrosse Team. The Yippee Lacrosse Summer Clinic is designed to welcome new players, improve current player's skills, and challenge elite players. The clinics will provide a complete training program: beginning with basic skills, individual techniques and position specific instruction and followed by team concepts, attack and defense game strategies, small sided games, and competitions. Players will need goggles, stick, mouth guard, sneakers for grass field turf and a wattle bottle.

NEW

JUNIOR GOLF PROGRAM

MAYNARD GOLF COURSE

Price \$75/per person

Our junior program stresses many core values such as: safety, respect, courtesy, honesty, responsibility, sportsmanship, integrity and perseverance. Our goal is to develop lifelong golfers; ones who will continue to enjoy the game long after this program ends.

BEGINNER CLASS:

Session 1 June 27-29
Session 2 July 5-7
Session 3 July 11-13

Times:

Ages 11-15: 8:30-10:00
Ages 6-10: 10:30-12:00
Designed to be a fun introduction to the game. Instruction will include the fundamentals of the game such as rules, grip, stance, alignment, swing and course etiquette as well as the skills of pitching, chipping and putting.

INTERMEDIATE CLASS:

Session 4 July 18-20
Session 5 July 25-27
Session 6 August 8-10

Times:

Ages 11-15: 8:30 -10:00
Ages: 6-10: 10:30-12:00
Designed as an introduction to the game covering further fundamentals of the game with a more advanced approach.

ADVANCED CLASS:

Session 7 August 16-18
Session 8 August 22-24

Times:

Ages 13-15: 8:30 -10:00
Ages: 10-12: 10:30-12:00

The primary focus is to further develop the fundamental skills, rules and etiquette of the game of golf. This will create a solid foundation for the junior golfer which will allow him/her to enjoy the game for a lifetime. Students must have their own clubs.

SUMMER KICK-OFF PARTY

Boys & Girls Club of Assabet Valley

SUMMER INSTRUCTORS
WILL BE ON HAND TO ANSWER
QUESTIONS AND OFFER DEMOS!

THURSDAY, MAY
17TH
4:00PM-7:00PM

Kick off the summer with your friends and celebrate with lots of Fun & Activities @ The Boys & Girls Club.

Check Out what the Boys & Girls Club has to offer, Register for summer

programs, Sample some tasty treats, (some for a small extra fee) & More!!! This event is your chance to check out the Club's Fun, Affordable Programs. Plus, enter to win fabulous prizes!!

Event Details:

- Huge Obstacle Course
- Professional Face Painting
- Club Tours
- Plus The Roaming Railroad will also be coming for only \$3/per person.

OUTDOOR MOVIE NIGHTS

June 9th & Aug. 18th

7:30PM (Movie begins at dusk!)

Maynard Football Field

Admission:

\$5/per person

B&G Club Members: \$3

(Must bring membership card)

Children Under 2 FREE

EVENT DETAILS:

- ♦ FREE PARKING @ The Cub!!!
- ♦ Come early and stake out your spot!
- ♦ Enjoy playground games!
- ♦ Popcorn, candy and drinks for sale!
- ♦ Movie Title to be announced the week before each movie night. Visit www.bgav.org for details!!!
- ♦ This event is open to the general public.
- ♦ Rain Dates posted at www.bgav.org.

WHAT CAN YOU EXPECT WHEN YOU JOIN OUR SUMMER PROGRAMS?

- ~Your child will have fun and make new friends!
- ~Your child will be supervised by caring, experienced, involved adults & student leaders.
- ~Your child will never be bored because the Club's Summer Programs are packed with variety! Throughout the summer we will take half day trips into the Assabet Valley communities and full day trips to different destinations. In addition to trips, each session will have a different theme, inspiring new art projects, games and incredible programming!

PLAYGROUND PROGRAM COOLIDGE PLAYGROUND

Monday-Friday
 Session #1: July 9 - July 20
 Session #2: July 23 - Aug. 3
 Session #3: Aug. 6 - Aug. 17
 8:30AM - 12:00PM
 Ages: 5 - 12
 \$25/week \$45/session
 \$115/all sessions



**All children must be members of The Boys & Girls Club. Membership is from July 2012-July 2013.

Children will participate in a wide variety of fun activities that inspire creativity, build character and increase sportsmanship.

Playground Program will also offer weekly trips for an additional fee plus theme weeks, games, arts, crafts, sports, presentations, activities, playground challenges with local towns and special events will be offered each week.

Details will be announced and posted on the web site as they are finalized. Children must bring a bagged peanut-free snack and a water bottle each day they attend.

Summer Events Calendar posted on our website at www.bgcav.org. Check it out!



YOUTH TENNIS PROGRAMS MAYNARD TENNIS COURTS

Two Week Sessions:
 Monday - Thursday
 Session #1: July 9th- 19th
 Session #2: July 23rd - August 2nd
 Session #3: August 6th - 16th
See Instructor Bio @ bgcav.org

Pricing Options:
 4 days a week/per session - \$80
 4 days a week/per week - \$45
 2 days a week/per session - \$45
 2 days a week/per week - \$25
 Daily - \$15

**Semi Private/private lessons available. E-mail allegrone@bgcav.org.

Tiny Tot Class (4-6 years)

Time 8:45 - 9:30
Class Options:
 Monday/Wednesday
 Tuesday/Thursday
 Monday-Thursday

This class will introduce young children to tennis in a fun, game-oriented way. All participants will learn basic ground strokes, volleys, coordination and footwork drills, and the different areas of a tennis court.

Beginner Class (7 + years)

Time 9:45- 10:45
Class Options:
 Monday/Wednesday
 Tuesday/Thursday
 Monday-Thursday

This class will teach all the basic fundamentals of tennis. It is intended for children who can not yet engage in match play or long rallies. There will be a variety of exciting games and drills to reinforce all of these skills.



Intermediate Class (7+yrs.)

Time 11:00- 12:00
 Mondays and Wednesdays

This class is intended for players who have previously taken tennis lessons or are able to carry out a small rally. This class will continue to teach tennis fundamentals such as ground strokes, volleys, and serves in a game oriented manner, but will also include more live point play and match play.

Advanced (10+yrs.)

Time 11:00 - 12:00
 Tuesdays and Thursdays

This class is intended for players who have previously taken tennis lessons or are able to rally. In addition to improving ground strokes, volleys, and serves, players will also learn a lot more about court positioning, footwork, top spin, slice, and singles and doubles match strategies.

ADULT TENNIS PROGRAMS

Time: 7:30am- 8:30am Maynard Tennis Courts Cost: \$55/per class

Tennis Drills/Clinics
 Mondays:
 July 9th - August 13th
 Practice every aspect of the game: ground strokes, volleys, approach shots, overheads, lobs and serves with specific drills. Learn how to improve your placement and add much more into your game!

Cardio Tennis
 Tuesdays:
 July 10th - August 14th
 Get a great workout in while playing some tennis! Your feet will never stop moving as you practice and improve different parts of your tennis game.

Match Play/Doubles Round Robins
 Wednesdays:
 July 11th - August 15th
 Incorporate all of those drills and clinics into real point play situations. Play singles or doubles round robins!

BASKETBALL PROGRAMS

COED BIDDY BASKETBALL PROGRAM

Mon-Thurs. June 18th-21st

9:00am-11:00am

Grades: 1st - 3rd

Outdoor Basketball Courts, across the street from the Club

\$45/Club members & \$55/Non Club members

Players will learn the skills of the game, improve, and compete in a healthy and fun atmosphere. Sign up Today!

Paul Howes Top 100 Camp

Mon-Fri. June 18th-22nd

1:00pm-5:00pm

Grades: 4th-12th

Maynard High School

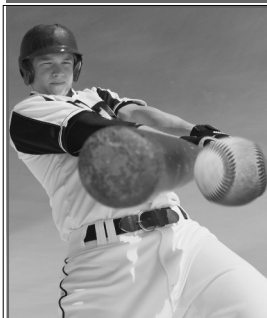
Cost: \$100/per player

The curriculum will be carefully supervised. Youngsters will be broken up into groups. These groups will participate in an equitable and competitive system of organized play. Daily emphasis will be given to shooting, ball handling, rebounding and offensive techniques.



BASEBALL PROGRAM

ALUMNI FIELD, MAYNARD



June 25-28, 2012 (Monday-Thursday)

9am-3pm

Ages 8-12

Alumni Field, Maynard, MA

Fee of \$175

AtBats Training Center's 4-day baseball clinic with coach Steve Donovan combines baseball skills training & recreation, with professional instruction in hitting, throwing, fielding, positional play and game situations - all reinforced through fun scrimmages.

For new and experienced Little League players!

Player/staff ratio of 5:1.

Rain date of Friday June 29. Additional rain days sessions may be moved to AtBats indoor baseball training facility in Boxborough.

Transportation from field available.

AFTERNOON PROGRAM

BOYS & GIRLS CLUB OF ASSABET VALLEY



The Boys & Girls Club is now offering an afternoon program for all Playground participants.

Students that are enrolled in our half day Playground Program can now join our Full Day Summer Program from 12:00 - 5:00 for only \$15/per day. This program will be available for

Monday - Friday, except field trip days. Participants will be brought to the Boys & Girls Club by Club staff.

NEW

4 & 5 YR PLAYGROUND PROGRAM

REO ROAD PLAYGROUND



Monday-Thursday

Session #1: July 9 - July 20

Session #2: July 23 - Aug. 3

Session #3: Aug. 6 - Aug. 17

8:30AM - 12:00PM

Ages: 4-5

\$40/week \$70/session

\$150/all sessions

Join us for lots of fun! Each two-week session has a variety of themes and featured activities. Meet new friends, gain new skills and have a fun and safe summer experience.

Program Details:

Participants must be 4yrs old by June 1, 2012

Must be toilet trained.

Staff to child ratio will be 5-1.

Maximum of 20 participants/per week.

Must bring a peanut free snack and water bottle each day.



Summer Events Calendar posted on our website at www.bgcav.org. Check it out!

FULL DAY SUMMER PROGRAM

BOYS & GIRLS CLUB OF ASSABET VALLEY

The Boys and Girls Club is now accepting 2012 Summer Program Registrations. The Club's Summer Program is organized into 9 one week sessions from 8:00am-5:00pm (Monday-Friday), for boys & girls ages 5-12. Our full day program is jam packed with field trips, swimming, arts & crafts, activities, games & more!!!!

The addition of new enrichment programs and increased standards for our CIT program, we will provide enhanced supervision and an improved learning environment for young leaders, which means your child will have an amazing summer!

9 WEEK SUMMER PROGRAM DATES & FIELD TRIPS:

- Session #1: June 25th - Roll On America
- Session #2: July 2nd - Fun Stuff Rentals
(Closed July 4th)
- Session #3: July 9th - Southwick Zoo
- Session #4: July 16th - George's Island
- Session #5: July 23rd - Breezy Water Park
- Session #6: July 30th - N.E. Patriots Training Camp
- Session #7: August 6th - Purgatory Chasm
- Session #8: August 13th - Sky Zones Sports
- Session #9: August 20th - TBA

PLUS: Program participants will have the opportunity to participate in Archery, Quick Start Tennis, Golf Lessons & Swim Lessons. (Golf & Swim Lessons will be an additional fee.)



Check out our Full Day Summer Calendar at www.bgcav.org.

PRICING:

The fee is \$135 per week, per child. (Fee includes field trips, swimming, archery, tennis lessons, games, arts & crafts and more!!!)

All participants must be members of the Boys & Girls Club. Membership is \$40 for the 2012-13 school year. Membership is \$40.

Swim Lessons: \$30/per child/per week extra

Drop in Pricing:

If you are signing up for four or less

days the price is \$35/per day/per child.

Field Trip Pricing:

\$45/per child for Field Trip
*This pricing is for registering for field trip days only. If you are registered for the week, the field trip is included.

Must pre-register for Field Trips. If you do not pre-register, we can not guarantee your child will be able to attend. All Field Trip Deadlines will be a week before each field trip.

JR COUNSELOR-IN-TRAINING & COUNSELOR-IN-TRAINING PROGRAM

1st Deadline: June 1, 2012. Orientation week of June 25th – June 29th.
2nd deadline: July 1, 2012 . Orientation week of July 16th – July 20th.

**** All JR. CIT's & CIT's must be members of the Boys & Girls Club.**

Membership is \$40/per year.

How to apply: Potential Jr. CITs must fill out and return the Jr. *CIT Application form, Club Membership Form and Parental Consent form* by JUNE 1st. Applications are available at the Club or on our website.

JR COUNSELOR-IN-TRAINING PROGRAM

Boys & Girls Club of Assabet Valley Jr. Counselor in Training (Jr.CIT) Program is designed for those campers who are 11 or 12 by July 1, 2012, and who are interested in learning more about our CIT program. This program is designed to introduce participants to leadership, conflict resolution, child development, and group dynamics. Successful completion of the program and positive evaluation could lead to an invitation to be a CIT when the participant turns 13 yrs old. Due to the small number of spaces available and the highly competitive nature of this program, all potential applicants must complete the following application and parental consent form in order to determine suitability for the program. Applications will be reviewed and an interview scheduled to determine if applicant possesses the necessary skills to be a CIT.

JR. CIT Pricing:

Students will have an option to participate in our Full Day Program or Half Day Summer Program. Jr. CIT's costs will be reduced by \$20.00 to \$115.00/week for the Full Day Program. There is no discount for the Half Day Playground Program.



CIT PROGRAM

The Club's Counselor-In-Training (CIT) Program is designed for campers who turn 13 by

July 1, 2012, and who are interested in becoming better leaders. The CIT Program will be offered at our Half Day Playground & Full Day Summer Program. This program covers a curriculum that includes such topics as leadership, conflict resolution, child development and group dynamics that leads to the making of a successful Boys & Girls

Club Counselor, and a better leader. All CIT's applicants should be interested in, working with children, possess maturity, flexibility, a strong work ethic and the ability to have fun. CITs will be evaluated by the Club Staff at the end of their session. Successful completion of the program and positive evaluations could lead to the participant being invited back the following season to interview for a staff position (must be going into 10th grade to be considered.)